(Prajinam Brahma), the Manipal University motto means “AWARENESS IS REALITY”; this implies awakening of the Supreme Intelligence which is the purpose of education so that one can lead a life of joy, peace and harmony.

Inspired by the heritage of Manipal, the logo finds a simple Indian expression. Three columns symbolising roots embedded in the earth as a strong foundation rest below a dynamic circle. It resembles an ancient Indian architectural structure that has stood the test of time and pays tribute to the human form. All encapsulated in the shape of the letter ‘M’ for Manipal.

The type was chosen carefully to lend an international character while retaining Indian roots in the combination of the logo and logo type. A smart slate grey has been combined with an Indian copper that is rich, yet earthy to bring out the unique character of Manipal.
Contents

The founder, Dr. TMA Pai 2
Manipal University and the Manipal group 3
Manipal University Administrators 4
Introduction to Kasturba Medical College, Manipal 5
Message from the Dean 6
Administrators of Kasturba Medical College, Manipal 7
Academic Calendar 1st year 9
Anatomy Department 10
Physiology Department 12
Biochemistry Department 14
Introduction to Faculty and Department of 2nd year 16
Pharmacology Department 17
Forensic Medicine Department 19
Microbiology Department 21
Pathology Department 23
Community Medicine Department 25
Clinical Postings 27
E-Learning 27
Attendance, Internal Assessment, Promotion, Supplementary Examination 28
Internship 28
Code of student conduct 29
Ragging and Anti-Ragging Committee 31
Director of Student Affairs and Student guidance centre 33
SBI Combo card, Student Health clinic 34
The Health Sciences Library 35
Mentoring Scheme 36
Hostels 37
Message to Students and Parents 38
KMC Student Council 39
Student clubs, Extra Curricular Activities and VSO 40
Nice To Know 42
The late Dr. Tonse Madhava Anantha Pai (1898 - 1979), physician, educationist, banker and philanthropist, was the founder and builder of modern Manipal. He established educational, medical, banking and industrial enterprises of national importance and repute.

Manipal is an eloquent testimony to the vision, motivation and labour of Dr. TMA Pai. His zeal, dedication and infinite energy inspired others, motivating them to collective effort. This was the spirit of Dr. TMA Pai. This is the spirit of Manipal.

"We must have a residential university in Manipal”, was Dr. TMA Pai’s prophetic vision.

Dr. TMA Pai, successfully established a string of secondary schools and colleges of humanities. His crowning achievement was starting the first ever medical college on public private partnership basis in India the Kasturba Medical College. In 1993, with the conferment of a deemed university status on Manipal University (Formerly known as Manipal Academy of Higher Education) his dream and vision to turn Manipal into a university town turned into reality.
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Manipal University (MU) was established in 1993 under Section 3 of the UGC Act 1956, Government of India. It has over 20 constituent institutions comprising medical, dental, engineering, architecture, nursing, allied health, pharmacy, management, communication, information science, hotel management, biotechnology and regenerative medicine. This is a self-financing university with no support of grants from UGC or Government. The tuition fee for students is fixed on the recommendation of the Committee of Experts appointed in consultation with UGC, to maintain the high standards in courses and disciplines. The University provides quality education to over 7000 students every year. It also has an active alumni base of over 65,000 students across the world. The professional institutions have an excellent track record of academic excellence and its bachelors, masters and doctoral degrees are recognized globally. The world class academic curriculum and infrastructure attracts international students and faculty. Manipal University has students from 53 countries.

The Manipal Group also operates 11 hospitals in India and abroad and 5 outreach healthcare centres. It has several campuses in India and abroad with international academic collaborations for twinning programs in medical and engineering with universities in the US, UK, Australia and other countries. The scenic campuses provide a high quality lifestyle and ideal environment for study. All campuses have excellent infrastructure for academic activities, sports and other extracurricular activities. The infrastructure includes air-conditioned lecture halls, skills lab, air-conditioned hostels, and multi-cuisine food court.
The flagship institution of Manipal group, Kasturba Medical College, Manipal established in 1953, celebrated its Diamond Jubilee in 2013-14. KMC, Manipal is India’s first private Medical College based on sound principles of self financing. Over the past several years, the College has been consistently ranked among the top 10 Medical Colleges in India. Globally recognized as a Centre of Excellence in Medical Education, KMC Manipal has trained students from over 50 English speaking countries in the world.

Kasturba Medical College boasts of state-of-the-art infrastructure and admits 250 students annually for the undergraduate medical course. It houses one of the world’s finest Anatomy Museums and Health Sciences Library. Kasturba Medical College, Manipal reaches out to the community through Rural Maternal and Child Welfare Homes (RMCW) a programme that has radically improved the health care indices of district.

In keeping with the mission statement, the college promotes excellence in student oriented practices mentorship scheme, student research forum, merit based freeship schemes, financial incentives for student participation in scientific conferences and student exchange programmes with universities in the Netherlands and USA, The teaching-learning process extends beyond the curriculum to include medical ethics and palliative care in an effort to train caring, capable and compassionate doctors.

Access to the 2000 beds in Kasturba Hospital, Manipal and Dr. T.M.A Pai Rotary Hospital, Karkala provides students with an ideal setting for clinical training. Standards of healthcare in these hospitals are the best in the region and they provide an excellent learning experience.

KMC, Manipal alumni are spread across the world. One out of every four doctors in Malaysia was a product of Manipal. As of today, there are an estimated 4500 KMC alumni in the USA - from Padmashree to BC Roy Awardees to the first Malaysian in space and to internationally recognized Cardiac Surgeons and researchers all form the proud KMC alumni family.

The graduates of Kasturba Medical College, Manipal have always excelled in the USMLE examinations conducted by the ECFMG Board and at times, their pass percentage and aggregate scores have been better than the global students.

Kasturba Medical College, Manipal is the first Medical College in India to sign an agreement with the Associations of American Medical Colleges (AAMC), USA for the purpose of institutions participating in the AAMC’s Global Health Learning Opportunities (GHLO), for elective postings in the accredited global institutes during final year of their course.
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Dear Students,

It’s my pleasure as Dean of KMC to extend a warm welcome to you as you join our college. Many of you may be leaving home and family for the first time and no doubt feeling a bit apprehensive. At KMC you will find an extended family that not only cares for your academic growth but is also interested in you as a person.

Student handbook is the official resource that defines our expectations for student life.

It’s my personal wish for you that your experience in KMC will be one of the best times of your life. Make new friends while you are here and take advantage of the academic, social and cultural opportunities that are abundantly available.

Best wishes for a bright and successful future.

Dr. Poornima Baliga B.
Dean
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Dean's Message

Dr. Poornima Baliga B.
Dean
Phone no: 0820-2922367

Dr. Rajgopal Shenoy
Associate Dean, Academics
Phone no: 33529

Dr. Antony Sylvan D’Souza
Associate Dean, Student Affairs
Phone no: 33530

Dr. Sharath K Rao
Associate Dean, International Collaboration
Phone no: 33528

Dr. Pragna Rao
Associate Dean, Research.
Phone no: 33527

Dr. (Col.) M Dayananda
Medical Superintendent and COO, Kasturba Hospital, Manipal
Phone no.: 2922444

Dr. Padmaraj Hegde
Dy. Medical Superintendent
Phone no: 22242

Dr. Sudhakar Kantipudi,
Dy. Medical Superintendent, operations
Phone no: 22714
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### The academic schedule for First MBBS students - 2016-2017

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**Supplementary University Examinations**

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Faculty details and books for Anatomy Department

**Anatomy Department**

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<tr>
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<th>Dr. Sneha Guruprasad K</th>
<th>Professor and Head</th>
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<tr>
<td>2</td>
<td>Dr. Antony Sylvan D' Souza</td>
<td>Professor and Associate Dean</td>
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<tr>
<td>3</td>
<td>Dr. B Prakash Babu</td>
<td>Associate Professor</td>
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<tr>
<td>4</td>
<td>Dr. Prasanna L C</td>
<td>Associate Professor</td>
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<tr>
<td>5</td>
<td>Dr. Chandni Gupta</td>
<td>Associate Professor</td>
</tr>
<tr>
<td>6</td>
<td>Dr. Mamatha H</td>
<td>Associate Professor</td>
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<td>7</td>
<td>Dr. Vrinda Hari Ankolekar</td>
<td>Associate Professor</td>
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<td>8</td>
<td>Dr. Anne D’Souza</td>
<td>Assistant Professor</td>
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<td>9</td>
<td>Dr. Rohini Punja</td>
<td>Assistant Professor</td>
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<td>10</td>
<td>Dr. Arvind Kumar Pandey</td>
<td>Assistant Professor</td>
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<tr>
<td>11</td>
<td>Ms Vanishri S Nayak</td>
<td>Senior Lecturer</td>
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<tr>
<td>12</td>
<td>Ms Suhani Sumalatha M</td>
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<td>13</td>
<td>Mr R Huban Thomas</td>
<td>Senior Lecturer</td>
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<tr>
<td>14</td>
<td>Ms Lydia Quadros</td>
<td>Senior Lecturer</td>
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<tr>
<td>15</td>
<td>Ms Sushma R K</td>
<td>Lecturer</td>
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**Recommended Books**

- Histology - Text book of Histology by Dr. Latha V. Prabhu and Mangala M. Pai
- Text book of Neuro-Anatomy - Inderbir Singh
- Text Book of Embryology - Inderbir Singh

**Reference Books**

- Snell’s Clinical Anatomy - Richard Snell, Lippincott Williams and Wilkins
- Snell’s Neuro -Anatomy - Richard Snell, Lippincott Williams and Wilkins
- Di Fiore’s Histology Atlas - Victor Eroschenko
- Netter’s Atlas of Human Anatomy - Frank Netter
- Langaman’s Medical Embryology 11th Edition, Lippincott Williams and Wilkins
Faculty details and books for Anatomy Department

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- Di Fiore's Histology Atlas  - Victor Eroschenko
- Netter's Atlas of Human Anatomy - Frank Netter

Standing L to R: Dr. Arvind Pandey, Dr. Nandini Bhat, Dr. Rohini Punja, Dr. Vrinda Hari, Mrs. Lydia Quadros, Mrs. Vanishri, Dr. Anne D'Souza, Ms. Sushma S, Dr. Vrinda Hari Ankolekar, Dr. Rohini Punja, Dr. Arvind Kumar Pandey, Ms. Lydia Quadros, Ms. Sushma R K, Mr. Huban Thomas, Ms. Vanishri S Nayak.

Sitting L to R: Dr. Mamatha, Dr. Prasanna L C, Dr. Sneha Guruprasad K, Dr. A S D’Souza, Dr. Chandni Gupta, Dr. Prakash Babu, Dr. Antony Sylvan D’ Souza, Dr. B Prakash Babu, Dr. Prasanna L C, Dr. Prakruti A. Panchal, Dr. Prasanna L C, Dr. Prakruti A. Panchal, Dr. Prasanna L C.
Faculty details and books for Physiology Department

<table>
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<tr>
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<th>Dr. Kirtana M Pai</th>
<th>Professor and Head</th>
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<tr>
<td>2</td>
<td>Dr. Raghavendra Rao K</td>
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<td>3</td>
<td>Dr. Gautham Kundaje</td>
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<td>4</td>
<td>Dr. Krishnamoorthy Prabhu</td>
<td>Associate Professor</td>
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<td>5</td>
<td>Dr. Manjula S D</td>
<td>Associate Professor</td>
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<td>6</td>
<td>Dr. Vasanthalaxmi K</td>
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<td>7</td>
<td>Dr. Dhiren Punja</td>
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<tr>
<td>8</td>
<td>Dr. Pallavi L C</td>
<td>Assistant Professor</td>
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<td>9</td>
<td>Dr. Vineetha K Ramdas Nayak</td>
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<td>11</td>
<td>Mrs P Suchetha Kumar</td>
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<td>12</td>
<td>Mrs Sanu Susan Jacob</td>
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<td>Mr Sivakumar G</td>
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<td>Lecturer</td>
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Recommended Books
- Text Book of Medical Physiology - Guyton and Hall, 2nd South East Asia edition

Reference books
- Samson Wright’s Applied Physiology, 13th edition
- Vander’s Human Physiology, 10th edition
Faculty details and books for Physiology Department

Recommended Books

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Physiology Department

1. Dr. Kirtana M Pai
2. Dr. Raghavendra Rao K
3. Dr. Gautham Kundaje
4. Dr. Krishnamoorthy Prabhu
5. Dr. Manjula S D
6. Dr. Vasanthalaxmi K
7. Dr. Dhiren Punja
8. Dr. Pallavi L C
9. Dr. Vineetha K Ramdas Nayak
10. Dr. Suryavanshi Chinmay Ajit
11. Mrs. P Suchetha Kumar
12. Mrs. Sanu Susan Jacob
13. Mr. Sivakumar G
14. Mr. Murali Adiga

Standing L to R: Dr. Vineetha, Dr. Pallavi L C, Mrs. Sanu Susan Jacob, Mr. Murali Adiga, Mr. Siva Kumar, Dr. Dhiren Punja, Dr. Chinnay, Mrs. Suchetha
Sitting L to R: Dr. Manjula, Dr. Raghavendra Rao, Dr. Kirtana M Pai, Dr. Gautham Kundaje, Dr. Krishnamoorthy Prabhu, Dr. Vasanthalaxmi
Faculty details and books for Biochemistry Department

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Recommended Books
- Biochemistry by U. Satyanarayana
- Text book of Biochemistry for Medical students by Dr. D.M. Vasudevan

References Books
- Harper’s review of Biochemistry published by Lange Medicals
- Lippincott’s illustrated reviews Biochemistry by Richard Harvey
- Biochemistry by Pankaja Naik
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• Biochemistry by Pankaja Naik
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Faculty of Biochemistry Department

Faculty details and books for Biochemistry Department

Dr. Krishnananda Prabhu R V
Dr. Pragna Rao
Dr. Sudhakar Nayak
Dr. Nalini K
Dr. Varashree B S
Dr. Shobha U Kamath
Dr. Padmanabha Udupa
Dr. Ravindra Maradi
Dr. Vinutha R Bhat
Dr. Revathi P Shenoy
Dr. Varasree B S

Standing L to R: Dr. Shobha U Kamath, Dr. Pragna Rao, Dr. Krishnananda Prabhu, Dr. Sudhakar Nayak, Dr. Nalini K, Dr. Padmanabha Udupa
Sitting L to R: Dr. Ravindra Maradi, Dr. Vinutha R Bhat, Dr. Revathi P Shenoy, Dr. Varasree B S
Faculty details and books for Pharmacology Department

Reference Books

- Essentials of Medical Pharmacology by K D Tripathi 7th Edition
- Pharmacology and Pharmacotherapeutics by Satoskar & Bhandarkar 24th Edition
- Basic & Clinical Pharmacology by Bertram C Katzung 13th Edition
- Principles of Pharmacology by H L Sharma & K K Sharma 2nd Edition
- Goodman & Gilman The Pharmacological Basis of Therapeutics 12th Edition
- Pharmacology by H P Rang & M M Dale 8th Edition

Pharmacology Department

- Dr Shalini Adiga
- Dr K Laxminarayana Bairy
- Dr Smita Shenoy
- Dr Bharti Chogtu
- Dr Mohan Babu Amberkar
- Dr Meena Kumari K
- Dr Veena Nayak
- Dr Shiva Prakash G
- Dr Navin Ashok Patil
- Dr Amruta Tripathy
- Ms Swapna S

Professor & Head

- 1
- 2
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- 9
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- 11

Introduction to Faculty and Department of Second year
Faculty details and books for Pharmacology Department

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<td>Dr Shalini Adiga</td>
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<td>2</td>
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<td>Dr Amruta Tripathy</td>
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<td>11</td>
<td>Ms Swapna S</td>
<td>Lecturer</td>
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</table>

Recommended Books
- Essentials of Medical Pharmacology  by K D Tripathi  7th Edition

Reference Books
- Pharmacology and Pharmacotherapeutics - by Satoskar & Bhandarkar  24th Edition
- Basic & Clinical Pharmacology  by Bertram C Katzung  13th Edition
- Principles of Pharmacology  by H L Sharma & K K Sharma  2nd Edition
- Goodman & Gilman  The Pharmacological Basis of Therapeutics  12th Edition
- Pharmacology  by H P Rang & M M Dale  8th Edition
Faculty of Pharmacology Department

Standing L to R: Dr. Navin A Patil, Dr. Amruta Tripathy, Ms. Swapna S, Dr. Mohan Amberkar, Dr. Shiva Prakash G

Sitting L to R: Dr. Meena Kumari K, Dr. Bharati Chogtu, Dr. Shalini Adiga, Dr. K L Bairy, Dr. Smita Shenoy

Recommended book


Professor & Head

Dr Haneil Larson D'Souza

Faculty details and books for Forensic Medicine Department
Faculty details and books for Forensic Medicine Department

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<td>1</td>
<td>Dr Vinod C Nayak</td>
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<td>2</td>
<td>Dr G Pradeep Kumar</td>
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<td>3</td>
<td>Dr Vikram Palimar</td>
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<td>Dr Prashantha Bhagavat</td>
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<td>Dr Shankar M Bakkannavar</td>
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<td>Dr Ashwini Kumar</td>
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<td>Dr Haneil Larson D'Souza</td>
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<td>8</td>
<td>Dr Anitha S</td>
<td>Assistant Professor</td>
</tr>
</tbody>
</table>

Recommended book

Reference books
Faculty details and books for Microbiology Department

Standing L to R: Dr. Ashwini Kumar, Dr. Haneil L D'Souza, Dr. Anitha S.

Sitting L to R: Dr. Vinod C Nayak, Dr. Vikram Palimar, Dr. Poornima Baliga, Dr. G Pradeep Kumar, Dr. Prashantha Bhagavath, Dr. Shankar M. Bakkannavar

Reference books:
- Warren Levinson, Review of Medical Microbiology and Immunology. McGraw Hill/Lange
- Richard V Goering, Hazel M Dockrell, Mark Zuckerman, Ivan M Roitt, Peter L Chiodini.  Mims' Medical Microbiology. Elsevier
- Subash Chandra Parija, Text book of Microbiology and Immunology. Elsevier
- Baveja CP. Text of Microbiology. Arya Publication

Recommended books:
# Faculty details and books for Microbiology Department

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<tbody>
<tr>
<td>1</td>
<td>Dr Kiran Chawla</td>
</tr>
<tr>
<td>2</td>
<td>Dr Chiranjay Mukhopadhyay</td>
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<td>Dr Vandana K E</td>
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<td>Dr Shashidhar V</td>
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<td>Dr Vishnu Prasad S</td>
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<td>Dr Vinay Khanna</td>
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<td>Dr Barnini Banerjee</td>
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<td>Dr Renuka Anegundi</td>
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<td>Dr Prakash P Y</td>
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<td>Ms Seema Shetty</td>
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</table>

**Recommended books:**

**Reference books:**
- Warren Levinson, Review of Medical Microbiology and Immunology. McGraw Hill/Lange
- Geo F Brooks, Karen C Carroll, Janet S Butel, Stephen A Morse, Timothy A Mietzner. Jawetz, Melnick and Adelberg’s Medical Microbiology, McGraw Hill/Lange
- Richard V Goering, Hazel M Dockrell, Mark Zuckerman, Ivan M Roitt, Peter L Chiodini. Mims’ Medical Microbiology. Elsevier
- Subash Chandra Parija, Text book of Microbiology and Immunology. Elsevier
- Baveja CP. Text of Microbiology. Arya Publication
Faculty of Microbiology Department

Standing L to R: Dr. Padmaja A Shenoy, Dr. Barnini Banerjee, Dr. Vinay Khanna, Dr. Shashidhar V., Dr. Prakash P Y, Dr. Renuka Anegundi, Dr. Mridula M

Sitting L to R: Dr. Chiranjay Mukhopadhayay, Dr. Vandana K E, Dr. Poomima Baliga, Dr. Kiran Chawla, Dr. Mamatha Ballal, Dr. Vishnu Prasad S
## Faculty details and books for Pathology Department

<table>
<thead>
<tr>
<th></th>
<th>Dr Manna V. Mallya</th>
<th>Professor &amp; Head</th>
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<tr>
<td>2</td>
<td>Dr Ranjini Kudva</td>
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<td>Dr Chethan Manohar</td>
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<td>Dr Kanthilatha Pai</td>
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<td>Dr Mary Mathew</td>
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<td>Dr Geetha V</td>
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<td>Dr Shushma Belurkar</td>
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<td>Dr Vidya Monappa</td>
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<td>Dr Padma Priya J</td>
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<td>Dr Ruchee Khanna</td>
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<td>16</td>
<td>Dr Chethana Babu K Udupa</td>
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</tbody>
</table>

**Recommended book**

Robbins and Cotran "Pathologic basis of disease", 9th edition
Faculty of Pathology Department

Recommended Books

- Park's Text Book for Preventive and Social Medicine, Edited by K.Park Latest edition
- National Health Programmes of India, edited by  J.Kishore, Latest edition

Community Medicine Department

Professor & Head

Professor

Professor

Associate Professor

Associate Professor

Associate Professor

Associate Professor

Associate Professor

Associate Professor

Associate Professor

Assistant Professor

Dr Avinash Shetty
Dr Pawan Kumar
Dr Veena G Kamath
Dr Shashi Joyce Soans
Dr Ashwini Kumar
Dr Suma Nair
Dr George P Jacob
Dr Ranjitha S Shetty
Dr Muralidhar M K
Dr Chythra R Rao
Dr Sanjay M Pattanshetty
Dr Asha Kamath
Dr Kirthinath Ballala A B
Dr Sneha Deepak Mallya

Standing L to R: Dr. Chethna Babu K Udupa, Dr. Sindhura Lakshmi, Dr. Padmapiiya J., Dr. Deepak Nayak M, Dr. Ruchee Kharana, Dr. Sushma, Dr. Bhavna Naya, Dr. Swati Sharma

Sitting L to R: Dr. Geetha V, Dr. Kanthilatha Pai, Dr. Poornima Balliga, Dr. Manna Valiathan, Dr. Ranjini Kudva, Dr. Chethan Manohar
Faculty details and books for Community Medicine Department

<table>
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Recommended Books
- Park’s Text Book for Preventive and Social Medicine, Edited by K. Park. Latest edition

Reference books:
- National Health Programmes of India, edited by J. Kishore, Latest edition
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</table>

Use of e-Learning System

1. KMC uses the Edu next platform e-Learning software in the conduct of its academic programs.
2. Students are registered according to their Name and Roll number. The initial password given will be the roll number of the student. Every student is encouraged to change the password within the first two weeks.
3. Students are registered for all the courses they will be taking in the current semester and all courses that have been taken by them earlier.
4. Course Documents: This section will contain the handouts and presentations offered by the course directors and course faculty as the semester progresses.
5. Course Information: Schedules, timetables and Learning Objectives can be found in this section.
6. Staff Information: A profile of each of the faculty of each course and their contact information can be found here.
7. Announcements: Regular announcements by the Dean, Course Directors and any other faculty will be posted in this section. Students are encouraged to check this every day.
8. Digital Drop box: Students may be asked to submit soft copies of assignments through the digital Drop box.

Standing L to R: Dr. Shashi J Soans, Dr. Chythra R Rao, Dr. Muralidhar M Kulakarni, Dr. Kirthinath Ballala, Dr. Ranjitha Shetty, Dr. George P Jacob, Dr. Shee D Mallya
Sitting L to R: Dr. Ashwini Kumar, Dr. Veena G Kamath, Dr. Poornima Baliga, Dr. Avinash Shetty, Dr. Pawan Kumar, Dr. Asha Kamath
Use of e-Learning System

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7. Announcements: Regular announcements by the Dean, Course Directors and any other faculty will be posted in this section. Students are encouraged to check this every day.

8. Digital Drop box: Students may be asked to submit soft copies of assignments through the digital Drop box.
Attendance and Internal Assessment

- As per the existing regulations of the Medical Council of India, a student must attend at least 75% of lectures and 75% of practicals/clinicals to be eligible to appear for the University examination.
- Students who are not permitted to appear for University examination due to shortage of attendance will have to make up the attendance along with the junior batch by paying the casual term fees specified by the University.
- Students who represent the College in various events like sports, cultural activities or attending the conferences, with prior permission, would be eligible for attendance for the days they represent the college.

Calculation of Internal Assessment marks:

- Marks are calculated for theory (including viva) and practical examinations separately.
- A Student must secure a minimum of 35% marks in the Internal Assessment in each of the subjects theory and practical/clinical separately, failing which as per University rules he/she will not be permitted to appear for the University examination in that particular subject(s). To become eligible to appear for the next University examination he/she is required to improve his/her marks by appearing in the sessional examinations for which prescribed amount of fee is to be paid.

Promotion to Second Year MBBS Course

- As per the regulations of the Medical Council of India, a student must pass in all the three subjects, viz. Anatomy, Physiology, and Biochemistry to be promoted to the Second MBBS course. There is no “Carry Over” of the subjects from First MBBS to Second MBBS.
- To pass the University Examination in each of the subjects, a candidate must obtain 50% in aggregate with a minimum of 50% in Theory including orals and minimum of 50% in Practicals.

Supplementary Examination

- As per the University regulations, a supplementary examination will be conducted six weeks after declaration of the results for students who fail in the First MBBS examination. For the benefit of all unsuccessful candidates in the First MBBS examination, classes will be conducted immediately after declaration of results which they are expected to attend. One improvement sessional examination will be conducted for the repeater students. Students who are successful in the supplementary examination will join their original batch and hence will not lose a year.
- Students with 60% and above attendance (obtained during their regular period) will be permitted to attend the classes to make up their attendance in the subject(s) during their supplementary period (6 weeks). If the student fulfills the minimum attendance and internal assessment mark requirements he/she will be eligible to appear for the supplementary examinations. Students with less than 60% attendance (obtained during their regular period) will not be permitted to make up the attendance in the subject(s) during their supplementary period (6 weeks) and they will have to attend the classes along with the junior batch by paying the prescribed casual term fees applicable to their batch.
- Students, who fail in the supplementary examination will however, join their junior batch and take the university examination along with them. In other words, they will lose a year.
- Note: No student will be permitted to appear for the University examinations unless all dues (tuition fee, hostel facility fees etc.) are cleared. Parents are advised to remit the annual tuition fees on or before the scheduled date notified by the University.

Internship

Once the student completes the nine semester he/she will have to undergo one year of compulsory rotating internship training in the hospital, as per the following schedule laid down by MCI:

<table>
<thead>
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<th>Department</th>
<th>Period</th>
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<tbody>
<tr>
<td>1 Community Medicine</td>
<td>2 months</td>
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<tr>
<td>2 General Medicine</td>
<td>2 months including 15 days of Psychiatry</td>
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<tr>
<td>3 Casualty</td>
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<td>4 Elective*</td>
<td>15 days</td>
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<tr>
<td>5 General Surgery</td>
<td>2 months including 15 days of Anesthesia</td>
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<td>6 Orthopaedics</td>
<td>1 month including PMR</td>
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<td>7 ENT</td>
<td>15 days</td>
</tr>
<tr>
<td>8 Ophthalmology</td>
<td>15 days</td>
</tr>
<tr>
<td>9 OBG including Family Planning</td>
<td>2 months</td>
</tr>
<tr>
<td>10 Paediatrics</td>
<td>1 month</td>
</tr>
</tbody>
</table>

* Elective Posting
Students with 60% and above attendance (obtained during their regular period) will not be permitted to make up the attendance in the subject(s) during their supplementary period (6 weeks). If the student promotes student learning.

Code of Student Conduct

Introduction and purpose

The code of student conduct is established to foster and protect the core missions of the university, to foster the scholarly and civic development of the university’s students in a safe and secure learning environment, and to protect the people, properties and processes that support the university and its missions. The core missions of the university are teaching, learning, service and research.

The code governs all campuses of the university.

Definitions

“University premises” means all lands, buildings, and facilities owned, leased, or operated by the university. The term "student" means an individual who has paid an acceptance fee, registered for classes, or otherwise entered into any other contractual relationship with the university to take instruction.

A safe and secure environment allows for a positive learning environment. In turn, a positive learning environment promotes student learning.

To successfully achieve these outcomes, it is necessary to develop a clear set of student expectations.

1. Student expectations: Students will

- Attend all classes on time.
- Be prepared for class with the appropriate materials and homework completed. Students will not participate in cheating or plagiarizing their work or the work of others.
- Be honest with all staff and students.
- Express themselves without the use of profane language or offensive gestures.
- Participate in positive group activities and will not be involved in any swarming, bullying, intimidating or harassing of staff or students.
- Show respect for others by not participating in teasing and ridiculing.
- Show respect for others by not wearing clothing with inappropriate messages (i.e., profane language, racial or sexual references, references to alcohol/illegal Drugs or gang related).
- Respect the personal property of others.
- Respect and follow direction from all staff of the institution/University.
- Respect the safety of others by not bringing real or imitation weapons to institution/University or in the hostel/campus.

2. Attendance and Preparation for Class

- It is understood that student achievement is a direct result of attending and participating in classroom instruction and classroom activities. It is, therefore, a requirement for students to attend all classes on time and with the appropriate materials. Students who come late will not be awarded attendance and may be denied entry to the class.
- Students are expected to have the necessary percentage of attendance as per the governing council of the institution in order to appear for the university examination.

3. Classroom Behaviour

- Every student has the right to an uninterrupted and safe instructional environment. Behaviours which interfere with student learning will not be tolerated.
- Mobile phones: Use of mobile phone in the class, laboratory, and library and in the hospital wards during working hours is not allowed. Mobile phones with camera are banned.
- Wearing caps and shorts, eating, chewing and drinking during the class is strictly forbidden.
- All students must be in possession of their identity cards. Any loss should be promptly reported to the Dean. The cards must not be mutilated, defaced or rendered ineffective for identification. The card must be returned at the termination of course / withdrawal from the institute.

One Elective Posting of 15 days in any of the following:

1. Skin and STD
2. TB and Respiratory Diseases
3. Radiodiagnosis
4. Forensic Medicine
5. Blood Bank
6. Psychiatry

Students who wish to complete their internship outside KMC Manipal must do so only in teaching hospitals approved by MCI. List of such hospitals is available on MCI website www.mciindia.org. Students must ensure that the joining report is sent by the hospitals concerned to KMC Manipal.

No student will be permitted to do Internship training outside India.

Note:

Elective Posting

- ENT
- General Surgery
- General Medicine
- Community Medicine
- OBG including Family
- Paediatrics
- Psychiatry

Period

- 1 month including PMR
- 15 days
- 2 months
- 15 days of Anaesthesia
- 2 months including
- 15 days of Psychiatry
- 2 months
- 15 days
- 1 month
- 15 days

Manipal.

joining report is sent by the hospitals concerned to KMC Manipal.

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Note:

Elective Posting

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Period

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- 15 days
- 2 months
- 15 days of Anaesthesia
- 2 months including
- 15 days of Psychiatry
- 2 months
- 15 days
- 1 month
- 15 days

Manipal.
4. Conduct during Examination
- Students are expected to strictly abide by the rules and regulations as specified in the hall ticket issued by the university, and the candidate found guilty shall not be permitted to take practical and viva examination till appropriate authority clears.

5. Graffiti / Vandalism (property and/or equipment)
- Students are responsible for any textbooks, library books, or any equipment loaned to or used by them. If misused or damaged, students will be responsible for charges to repair or replace. If repayment is not received, students will have in-school privileges removed or suspension.
- Interfering or tampering any of the office records of college/university is a serious offence and will result in suspension/rustication.

6. Dress Code
- Students will wear clean, neat and presentable clothing. Following is the dress code of the university. Visiting students are also expected to observe the dress code.
- Students are advised to follow the following dress code while attending the colleges for lectures/practicals/dissections/library/labs and formal function of the institution.
- The dress should be neat, clean and pressed.

Boys
- Trousers and collared shirt
- Shoes and Socks
- Clean white apron with nametag

Girls
- Formal wear dress like Salwar Kameez, Chudidar, Sari
- Formal foot wear
- Hair (beyond shoulder length) to be tied up
- Clean white apron with nametag

Prohibited for boys
- T. Shirts
- Tight fitting dirty jeans
- Caps
- Chappals/Sports shoes
- Shorts
- Ear rings
- Torn trousers touching the floor
- Pony tails
- Trousers with 6 or more pockets
- Clothing depicting illegal drugs, alcohol, profane language, racial, sexual & vulgar suggestions (applicable for boys & girls).

Prohibited for girls
- Tight fitting dirty jeans
- Torn trousers touching the floor
- Skirts, Shorts
- Revealing deep tops / Spaghetti top / Sleeveless tops / shirts / t-shirts
- In case of violation of the dress code, the student concerned will be asked to leave the academic session.
- Wearing the apron outside the campus is discouraged. Aprons worn to or from wards may transmit infection. Wear it within the in the hospital premises. Do not wear the apron in public places.

7. Weapons or Replicas of Weapons
- Weapons or replicas of weapons are not permitted on University Campus at any time. Criminal charges will be filed in every instance, as well as suspension or expulsion.
- Involvement in any criminal offence under Indian Legal System will result in suspension or expulsion from the college.
- Engaging in trade/trade activities with in the premises/campus is prohibited.
8. Illegal Drugs and Alcohol (possession\ personal use} providing for others)

- Illegal Drugs and/or alcohol are not permitted on university property or on any college excursion. If students are found to be experiencing difficulties with substance abuse, they will be referred to counselling, drug and alcohol rehabilitation programs. Persistent disregard or denial of medical assistance could result in criminal charges and possible expulsion.

9. Smoking

- Smoking is not permitted in any college/ hostel/campus. Fine will be levied for each infractions.

10. Risky Behaviour

- Students are strongly discouraged from owning and riding motor cycles
- Students riding noisy two wheelers are warned that their vehicles will be locked/seized by the security/police.
- As the Arabian Sea is rough throughout the year, it is dangerous to venture into these waters. Hence students are strongly advised not to venture swimming in the sea.

11. Fighting / Criminal Assault

- Any student involved in or encouraging the involvement of another student in fighting will be suspended. Persistent involvement will result in expulsion from the college.

12. Respect for Authority

- Students will demonstrate respect for all staff and students. Students are expected to recognize and comply with the authority held by the institution/ university and its staff. Requests made to them by staff are expected to be followed and adhered to. Failure to follow such requests could lead to parental contact, loss of privileges, suspension or expulsion.

13. Harassment\ Threatening

- Harassment will not be tolerated. Harassment, whether written, verbal, sexual (including homosexuality and pornography), physical, emotional, or racial, is a serious offence and will be treated as such.

14. Bullying\ Intimidation\ Swarming

- No student will participate in or initiate any form of bullying, intimidation or swarming. Persistent disregard would result in suspensions, expulsions, and/or criminal charges.

15. Ragging

- Ragging within or outside the educational institution is prohibited. Ragging is an offence under penal code and Karnataka Education act 1983. Whoever directly or indirectly commits, participates in, abets or instigates ragging inside or outside the educational institution shall be suspended, expelled or rusticated from the institution and shall also be liable to fine. The punishment includes rigorous imprisonment, cancellation of admission, suspension from attending classes, withholding/ with drawing fellowship/ scholarship and other financial benefits, withholding or cancelling the results.
## Anti-Ragging Committee:

The following is the composition of Anti-Ragging Committee:

<table>
<thead>
<tr>
<th>Sl.No</th>
<th>Name, Designation and Address</th>
<th>Telephone No.</th>
<th>Email ID</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Dr. Poornima Baliga B Dean, KMC, Manipal</td>
<td>0820-2922367</td>
<td><a href="mailto:dean.kmc@manipal.edu">dean.kmc@manipal.edu</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><a href="mailto:baliga.poorima@manipal.edu">baliga.poorima@manipal.edu</a></td>
</tr>
<tr>
<td>2.</td>
<td>Dr. Suma Nair Director, Student Affairs, Manipal University, Manipal</td>
<td>0820 - 2922035/2922601/2922723</td>
<td><a href="mailto:suma.nair@manipal.edu">suma.nair@manipal.edu</a></td>
</tr>
<tr>
<td>3.</td>
<td>Dr. Anthony Sylvan D'Souza Associate Dean, Student Affairs, KMC, Manipal.</td>
<td>0820-2933530</td>
<td><a href="mailto:anatomy@manipal.edu">anatomy@manipal.edu</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><a href="mailto:antony.douza@manipal.edu">antony.douza@manipal.edu</a></td>
</tr>
<tr>
<td>4.</td>
<td>Dr. Sharath K Rao Associate Dean, International Collaboration, KMC, Manipal.</td>
<td>0820-2933528</td>
<td><a href="mailto:sk.rao@manipal.edu">sk.rao@manipal.edu</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><a href="mailto:Adinternational.kmc@manipal.edu">Adinternational.kmc@manipal.edu</a></td>
</tr>
<tr>
<td>5.</td>
<td>Dr. Rajgopal Shenoy Associate Dean, Academics, KMC, Manipal.</td>
<td>0820-2933529</td>
<td><a href="mailto:rajgopal.shenoy@manipal.edu">rajgopal.shenoy@manipal.edu</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><a href="mailto:academics.kmc@manipal.edu">academics.kmc@manipal.edu</a></td>
</tr>
<tr>
<td>6.</td>
<td>Dr. Vinod C Nayak Professor and Head Dept. of Forensic Medicine &amp; Warden - Boys Hostel, KMC, Manipal.</td>
<td>0820-2922450</td>
<td><a href="mailto:forensicmed@manipal.edu">forensicmed@manipal.edu</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><a href="mailto:vindumanipal@gmail.com">vindumanipal@gmail.com</a></td>
</tr>
<tr>
<td>7.</td>
<td>Dr. Vinutha R Bhat Assistant Professor, Dept. of Biochemistry &amp; Warden-Girls Hostel, KMC, Manipal.</td>
<td>0820-2922008</td>
<td><a href="mailto:biochem@manipal.edu">biochem@manipal.edu</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><a href="mailto:vinutha.bhat@manipal.edu">vinutha.bhat@manipal.edu</a></td>
</tr>
<tr>
<td>8.</td>
<td>Dr. Shobha U Kamath Associate Professor, Dept. of Biochemistry &amp; Warden-Ladies Hostel, KMC, Manipal.</td>
<td>0820-2922008</td>
<td><a href="mailto:biochem@manipal.edu">biochem@manipal.edu</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><a href="mailto:shobha.kamath@manipal.edu">shobha.kamath@manipal.edu</a></td>
</tr>
<tr>
<td>9.</td>
<td>Dr. Prabhudeva Mane Chief Operating Officer, Campus Safety Manipal University, Manipal.</td>
<td>0820-2922848</td>
<td><a href="mailto:prabhudeva.mane@manipal.edu">prabhudeva.mane@manipal.edu</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td><a href="mailto:coocs.mu@manipal.edu">coocs.mu@manipal.edu</a></td>
</tr>
<tr>
<td>10.</td>
<td>Police Inspector, Manipal Police Station, Manipal</td>
<td>0820-2570328</td>
<td><a href="mailto:manipaludp@ksp.gov.in">manipaludp@ksp.gov.in</a></td>
</tr>
</tbody>
</table>
The Anti-Ragging squad, comprising of the following members, is also constituted.

- Dr. Vinod C Nayak, Professor and Head of Forensic Medicine, KMC, Manipal - 9845240393.
- Dr. Rohit Singh, Associate Professor of ENT, KMC, Manipal - 9900405817.
- Dr. Pragna Rao, Associate Dean, Research, KMC, Manipal - 08971029839.
- Dr. Shyamala G, Assoc. Professor of OBG, Kasturba Medical College, Manipal - 08971099444.
- Dr. Bharti Chogtu Magazine, Associate Professor of Pharmacology, KMC, Manipal - 9901728668.
- Police Inspector, Manipal Police Station - 0820-2570328
- Mr. Lee Sue Long, President, Student Council, KMC, Manipal - 7259601558.

Penalty for Ragging:

Whoever directly or indirectly commits, participates in, abets or instigates ragging inside or outside the educational institution shall be suspended, expelled or rusticated from the institution and shall also be liable to fine. The punishment includes rigorous imprisonment, cancellation of admission, suspension from attending classes, withholding or withdrawing fellowship or scholarship and other financial benefits, withholding or canceling results etc. Suspension may be resorted to forthwith having regard to the nature of complaint made or information received by the Head of the Institution / Anti-Ragging Committee, from Warden of any hostel or member of the staff or any other person / Anti-Ragging Squad. The decision to suspend or expel or other punishment shall be taken by the Head of the Institution. The college has to take necessary action against students found indulging in ragging.

As per the guidelines of Medical Council of India (MCI) New Delhi, all the students and parents are required to fill in an Undertaking in connection with Anti Ragging at the beginning of every year of their course. The format of undertaking is available at our website: www.manipal.edu.

Students are advised to report incidents of ragging, either as victims or even as witness.

Directorate of Student Affairs, Manipal University

With over 15,000 students studying in the University, it is imperative to have a support system that caters to their welfare and wellbeing outside the classrooms. This facility was set up for this purpose and provides support to the student community in very many ways.

The activities of the directorate range from student health and wellness to guidance and counseling. Constant effort is made to update and evolve ways to support and foster students’ interest in the University. A number of activities are held every year to ensure that the growth of students is not limited to classrooms alone.

Our aim is to help students reach their highest potential in the areas of intellectual curiosity and personal well-being. We are committed to providing students a wide variety of opportunities to explore leadership styles while also cultivating and practicing new skills.

Director, Student Affairs
Dr. Suma Nair, Associate Professor of Community Medicine, Kasturba Medical College, Manipal
Tel No: 0820 - 2922035 / 2922601 / 2922723
The office is located on the first floor of manipal.edu (Manipal University) building. Dr. Suma Nair will be available in the office on all working days (except Sundays and Holidays) between 3.00PM - 5.00PM.

Deputy Director, Student Affairs - Health Sciences
Dr. Sulatha Bhandary, Additional Professor of Ophthalmology, Kasturba Medical College, Manipal
Tel No: 0820 2922035

Deputy Director, Student Affairs - Technical
Dr. Geetha M, Professor of Computer Science, MIT, Manipal
Tel No: 0820 2922035 / 2924029
Ms Shobha, Junior Management Executive handles the customary office work.

Consilium - KMC, Student Guidance Center

This is located on the ground floor faculty rooms KMC, Manipal. The Counsellor is available with prior appointment.

Days- Monday to Saturday -9:00 a.m to 5:00 p.m.

Counsellor:
Ms. Vidya, Mphil (PSW)

Having joined a professional course, a student may face situations that place several demands on them physically and psychologically. There may be personal issues interfering with their work and normal functioning. Being away from home in a new environment itself could be a distressing situation. Academic pressures and anxiety could be other factors taking a toll on the student. Sometimes there could be peer group pressure and at others they may seem insensitive to ones needs and demands. These are the instances, when a support system is required. The student Counsellor is the very nerve of this support system. Ever ready with a patient ear the Counsellor helps students feel comfortable in their new set-up and cope with their anxieties thus helping them get back on their feet again.
The Counselling Centre provides total privacy and all matters discussed are kept strictly confidential.

Following are some of the concerns faced by a student:
- Academic pressures / Examination anxiety
- Loneliness / depression / Adjustment difficulties to the new environment
- Interpersonal relationship issues / Personal problems
- Physical and mental stress
- Career concerns
- Addictions (substance abuse)

In case the student feels the need to discuss any of the above or other related issues, he/she may contact the Student Counsellor at the Centre directly. Besides, the Counsellor visits the hostels periodically and identifies the student in need of support.

SBI-MAHE Combo Card/Identity Card/SBI ATM Card/Access Control Card

SBI-MAHE Combo Card is issued to every student. This card is used as Student Identity Card, Access Control Card, SBI ATM Card and Medicare Card.

It is mandatory to open account with State Bank of India, Manipal branch to get this card. Along with the SBI account no., it also has the student’s roll no., which is a 9-digit number, e.g., 14 01 01 125. The first two digits represent the admission year i.e., 2014. The next two digits represent the college under Manipal University to which admitted (01 for KMC, Manipal). The next two digits represent the course to which the student has been admitted (01 stands for MBBS Course). The last three digits (125) is the roll number in the class. Besides identity card, it serves as Medicare Card and also helps the student to access into the library, lecture hall complex and hostels. Loss of Combo Card should be reported to the Chief Security Officer, Manipal University and to the nearest SBI Branch. Duplicate Combo card will be issued on payment.

Students are required to produce a valid Identity card whenever appearing for an examination. Without valid Identity card no student will be permitted to appear for any examination.

Medicare

All students are covered by Medical Insurance. Medicare number is the same as the Identity Card Number of the student. Students who are not feeling well should follow the following instructions-

---

**STUDENT HEALTH CLINIC**

First floor, New Out-Patient Block, Kasturba Hospital, Manipal

**OBJECTIVE**

To provide optimum healthcare to all the students of Manipal University (MU)

**INSTRUCTIONS TO ALL MU STUDENTS**

Utilization of Healthcare Services at Kasturba Hospital, Manipal

- The student health clinic will function on all days except Sundays, MU holidays. Working hours 8.00 am - 10.00 pm and 2.00 pm - 5.00 pm.
- Between 1.00 pm - 2.00 pm and 5.00 pm - 6.30 pm registrations will be done at Ground floor, New-OPO building. Consultations will be done at Medicine-OPO (2nd floor).
- Students should produce their ID Card / Combo Card while visiting the hospital. Impersonation / misuse of combo cards is a criminal offense and will be dealt with accordingly.
- Only one hospital file should be made per student. This will facilitate proper documentation and comprehensive care.
- During working hours students are directed to register at student health clinic and attend the respective outpatient department thereafter (Refer Annexure-I).
- Students can contact the Patient Relation Executive (PRE) posted at student health clinic previous day on phone (0820-29232057) or in person for making appointment with the consultant and/or to register the file for next day. This will save time and prevent absences from regular classes. In case of accident / injury students should report to Trauma & Emergency centre directly (Refer Annexure-I).
- Visitors can be for non-emergency condition and demanding urgent medical attention could hinder management of acutely ill patients; hence, during working hours students should visit casualty only in emergency situations.
- Between 6.30 pm and 8.00 am any student requiring medical attention should visit casualty and will be managed as inpatient.
- Students should make it a point to know the name of the treating doctor and the unit concerned under which he/she is being treated.
- Students are welcome to provide their feedback in the register kept in the student health clinic.

**ANNEXURE I**

Non-Accident / Non-Emergency care

8.00 am - 10.00 pm (OPD hours)

Report to Student Clinic in person or telephonically (0820-29232057)

Registration at ground floor consultation at Medicine OPG (2nd floor) New OPG block.

The PRE will assist in registration of the student (New & Repeat)

Follow the T & E Chart

**ANNEXURE II**

Follow the T & E Chart

Report to T & E Block registration on admission counter with Combo Card / ID Card

8.00 am - 10.00 pm Treatment on OP blocks

The blood sample collected by the Nurse will be sent through Pathological Investigation to the respective lab for testing.

34
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Following are some of the concerns faced by a student:

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1. CINAHL Plus with Full Text
2. Cochrane Library Online
3. J-Gate (Portal with largest number of Biomedical Sciences e-journals)
4. Journal Citation Reports (JCR)
5. MD Consult
6. Ovid SP
7. Pro Quest Medical Library
8. Science Direct
9. Scopus
10. Up To Date Clinical Resource
11. Web of Science

The library has become the institutional member of DELNET (Developing Library Network), New Delhi and many health sciences related online databases can be accessed through DELNET. Library has also become member of British Council Library, Chennai and American Library Chennai. Library has a micro site and same can be accessed through Manipal University intranet portal i.e. http://muportal/ or directly through http://172.16.19.80/lib/index.asp. Access to the e-resources subscribed by the library has also been provided for off-campus users.
MENTORING SYSTEM

Mentoring is the key for developing and sustaining a satisfying professional career. Mentors help young students to develop confidence, achieve progress and by giving strength and motivation to face academic challenges at the beginning of their careers when it is most needed. A mentor-mentee relationship also provides better insight into medical college life and opportunity to broaden their network of contacts.

We have an excellent mentoring system formed under the guidance and support of our Dean Dr. Poornima Baliga, consisting of committed faculty to whom students/mentees are allotted. They will ensure to provide a comfortable platform for their student’s academics and interests by meeting on a regular basis to provide guidance, support, advice, strategic feedback and other insights.

The Mentoring system consists of a Mentoring cell and all faculty of first and second year as mentors.

MENTORING CELL

**Chief Advisors:**
Mrs. Vasanthi Ramdas Pai
Mrs. Indira Ballal

**Advisor:**
Dr. Poornima Baliga
Dean, Kasturba Medical College, Manipal

**Coordinators:**
Dr. Vinod Nayak
Professor and Head, Department of Forensic Medicine
Dr. Shobha U Kamath
Associate Professor, Department of Biochemistry

**Deputy Coordinators:**
Dr. Anitha S
Assistant Professor, Department of Forensic Medicine
Dr. Dhiren Poonja
Associate Professor, Department of Physiology
Dr. Arvind Pandey
Assistant Professor, Department of Anatomy
Dr. Vinutha R Bhat
Assistant Professor, Department of Biochemistry
Ms. Swapna
Lecturer, Department of Pharmacology
MENTORING CELL

Chief Advisors:
Mrs. Vasanthi Ramdas Pai
Mrs. Indira Ballal
Advisor:
Dr. Poornima Baliga
Dean, Kasturba Medical College, Manipal

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Assistant Professor, Department of Anatomy
Dr. Vinutha R Bhat
Assistant Professor, Department of Biochemistry
Ms. Swapna
Lecturer, Department of Pharmacology

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Manipal University Hostels

Chief Warden: 2922413/2922809
Office: 2574315 / 9901782666

Dr. Prabhudeva Mane
Chief Operating Officer, Campus Safety
Office: 2922848, 2922515

The office of the Chief Warden is located on the first floor of manipal.edu, the University Building. The office deals with room allotment change of hostel accommodation etc.

Students stay in the hostels during the first year is compulsory. In the subsequent years students desirous of staying outside under own arrangements must submit a consent letter signed by the Parents to the Head of the Institution who with his remarks will forward it to Chief Warden for necessary permission. It is obligatory on the part of the students to give their local address and any subsequent changes to the college office, without fail.

<table>
<thead>
<tr>
<th>Warden</th>
<th>Office No.</th>
<th>Mobile No.</th>
<th>Hostel</th>
<th>Office Email.ID</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dr. Vinutha R Bhat</td>
<td>2922008</td>
<td>9845156248</td>
<td>2931600</td>
<td><a href="mailto:vinutha.bhat@manipal.edu">vinutha.bhat@manipal.edu</a></td>
</tr>
<tr>
<td>Indira Hostel - Ground Floor</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dr. Bharthi Magazine</td>
<td>2922582</td>
<td>9901728668</td>
<td>2931600</td>
<td><a href="mailto:bharti.magazine@manipal.edu">bharti.magazine@manipal.edu</a></td>
</tr>
<tr>
<td>(Indira Hostel, except ground floor)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dr. Shobha U Kamath</td>
<td>2922008</td>
<td>9845865848</td>
<td>2949001</td>
<td><a href="mailto:shobha.kamath@manipal.edu">shobha.kamath@manipal.edu</a></td>
</tr>
<tr>
<td>SCH, NCH and NLH (AC Hostels)</td>
<td></td>
<td></td>
<td>2949005</td>
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<td></td>
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<td></td>
<td>2941006</td>
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<tr>
<td>Mr. Sambit Dash</td>
<td>–</td>
<td>9986104763</td>
<td>2948600</td>
<td><a href="mailto:sambit.dash@manipal.edu">sambit.dash@manipal.edu</a></td>
</tr>
<tr>
<td>Amartya Sen and CRK Hostel</td>
<td></td>
<td></td>
<td>2947001</td>
<td></td>
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<tr>
<td>(AC Hostels)</td>
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<td></td>
</tr>
<tr>
<td>Dr. Sreejit</td>
<td>–</td>
<td>9980959353</td>
<td>2941001</td>
<td><a href="mailto:g.sreejit@manipal.edu">g.sreejit@manipal.edu</a></td>
</tr>
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<td>Nehru A Block</td>
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<tr>
<td>Dr. Vinod C Nayak</td>
<td>2922450</td>
<td>9845240393</td>
<td>2943001</td>
<td><a href="mailto:vinod.nayak@manipal.edu">vinod.nayak@manipal.edu</a></td>
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<tr>
<td>Nehru Hostel (B and C Blocks)</td>
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SCH : S Chandrashekar Hostel
NCH : New Chandrashekar Hostel
NLH : Nehru Ladies Hostel
CRK : Charaka Hostel
Message to Students

1. To become a good professional, the student should be very clear in his/her ambition and set appropriate goals for themselves.

2. The priorities for the day should be clear in the mind.

3. Proper time management is very essential (with proper time management a student can easily have 3 hours of relaxation per day and read for 5 hours per day).

4. Mind and body should be kept active. Priorities and ambition may be forgotten if relaxation (though important) is overdone.

5. Attendance and internal assessment are two valuable tools to monitor the academic progress of a student. To avoid anxiety and tension before exam one should maintain a good record of attendance and internal assessment. Though 100% attendance is essential, 25% absenteeism is permitted to cover ill health and family commitments.

6. It is advisable that students stay only in the hostels. When in hostels, they are expected to abide by the hostel rules and regulations. It is mandatory to keep the warden informed in case if the student is visiting a friend or relative and is going to be away from the hostel for more than a day. Students should not keep costly and valuable items in the room.

7. The behaviour of the student in and around the campus should befit the noble profession they have opted for. Lab coats (apron) should be worn only inside the campus.

8. Talented students in the field of sports and cultural activities should identify themselves with sports and cultural committee of the college. Good hobbies should not be forgotten.

9. Students should make an effort to learn the local language, as they have to deal with patients.

10. During clinical postings, Students should behave appropriately when dealing with patients.

11. Students are expected to observe the dress code of the University.

12. Indiscipline will be dealt with as per rules and the nature of punishment can vary from suspension to dismissal from the institute.

13. All the students are recommended 3 doses of Hepatitis B vaccination (0, 1, 6 months). Typhoid and Chickenpox vaccines are optional vaccines and are available in the hospital pharmacy. Please contact your Mentor for information. Students from abroad are advised to get themselves immunized against Hepatitis A.

14. Students are recommended not to eat food from unhygienic restaurants and consume only safe water (either boiled or direct from Aqua guard).

15. In case of ill health, students should report to the Manipal University Student Health Clinic at Kasturba Hospital, Manipal. While undergoing elective surgical procedures, students should keep the parents informed and it is always better that one of the parent is present during the procedure.

16. In case of stressful situations students can contact Student Counselor, Ground Floor, Faculty rooms, KMC, Manipal to cope with the stress.

17. Manipal University has been declared as “NO SMOKING ZONE”. Students found indulging in smoking may be removed from the hostel and no refund of rent will be given.

18. Any student involved in criminal offences on the campus and any indiscipline outside the campus will be handled by the concerned authorities as per the law of the land.

19. The students are discouraged from indulging in undue risky behaviour. Swimming in the rough Arabian Sea has cost the lives of few students in the past. There is also no need to possess a two or four wheeler.

20. The following are banned and severely dealt with:

- Drugs, Drinking (liquor) and smoking
- Ragging & eve teasing
- Cheating, stealing, provocation, coercion, threats, pressure tactics & fights

Message to Parents:

1. Do keep in regular touch with the mentor of your son/daughter.

2. Be aware of your son/daughter’s academic progress especially attendance, internal assessment and marks in the university examinations.

3. Remit all the payments like tuition fees, hostel facility fee directly to Manipal University in time.

4. Be aware of your son/daughter’s monthly expenditure and mode of expenditure.

5. We may need to contact you sometimes urgently especially in case of accidents and emergency. Hence it is essential that any change in address, phone numbers and e-mail be informed promptly to the college.

6. Do not encourage your son/daughter to extend their holiday and stay at home when he/she visits the family during vacation. He/she may end up with attendance shortage.

7. It is wiser that you visit your son/daughter once in a way instead of the student visiting the family frequently so that his/her studies go uninterrupted.

8. Do not provide the student with a two wheeler or a four wheeler especially in the formative years.
9. Please keep us informed, if the student has a history of illness (physical or mental). Students are covered under Medicare and are entitled for treatment in our own hospital, which is well equipped and is a tertiary referral hospital.

10. In case of health problems for minor illness, the students can attend out patient health clinic and get treated. If the ill-health warrants inpatient care, the student will be admitted. For minor ailments with short stay the parents may not be informed, but in case of emergencies, they will be informed as early as possible. Students are covered under Medicare and these rules are made clear at the time of admission. Medicare renewal needs to be done promptly.

11. Students should stay in the hostels provided in the campus. Staying outside the campus independently has its own demerits and parent should discuss the matter with the mentor before consenting.

12. It is imperative that parents keep in regular touch with the institution officials especially in case of poor academic performers.

13. Students are not permitted to use mobile handsets with camera during working hours. The equipment shall be confiscated if student is found to possess it.

KMC Student Council

KMC Student Council: The KMC Student Council aims to cater to the variegated interests of the students by providing them with opportunities to take their minds off the rigorous curriculum of medical school.

The Council serves to fulfill the purpose of the overall development of an individual in KMC Manipal. Not only are students at a razor’s edge to perform academically well, but they are also exposed to various organizational and personality development skills.

The Council is headed by the Dean of KMC and consists of: President, Vice-President, General Secretary, Joint Secretaries and a Treasurer along with secretaries of five Committees viz., Cultural, Sports, Literary, Editorial Board, Research and Social Welfare. These Committees are guided by coordinators who are the teaching faculty of KMC.

Round the year, the Council organizes various events. The council takes up several other small scale projects at regular interval where student get an opportunity to show their hidden talents.

The Council thus represents the student community and the vigor of the present generation who, with adequate facilities and correct guidance, can carve a niche for themselves and succeed in their endeavors.
STUDENT CLUBS

The soul of college/university life is the fraternities on the campus the clubs that become a surrogate family for a student, helping him/her grow and explore latent talents in fields other than academics.

Manipal University has a strong tradition of student bodies and clubs that attract students from all disciplines, cutting across colleges, courses and nationalities. It is one of the features that imbue Manipal with a singular charm, a unique advantage over other university campuses.

There are technical clubs for the academically inclined; there are cultural clubs that give a student the opportunity to dabble in the fine arts, music, dance, theatre everything that feeds the mind and spirit.

Clubs & Activities

UTSAV - The Annual Inter College Cultural Festival is the flagship cultural event held in the University.

MEGA EVENT - Houses popular shows and performances by celebrities.

CUTTING EDGE - A club devoted to Surgery, was started by a bunch of very driven and motivated medical school students with a view to inspire people to take up a career in the field of Surgery. Talks are organized given by successful surgeons so as to know the "real thing" - and not just the stuff given in books. Workshops are conducted where students can learn the basic clinical and practical skills involved in Surgery. For more- http://www.cuttingedgemanipal.com/

HOPES - H.O.P.E.S (Health Organization for Public Education by Students) is a non-profit organization which brings together medical students and uses their knowledge to educate the common man about the value of various health and hygiene measures.

SCIENTIA MEDICINA - With the tagline of Medicine and Beyond, it is the official Medicine Club of KMC, Manipal. Various of sessions by top-ranked professors, workshops are organised to sharpen clinical skills, databases providing information about entrance exams, elective postings, internship and residency programs and the list goes on.

BIOETHICS - Manipal Unit of UNESCO Chair in Bioethics is committed to education, training and research in the field of Bioethics and has a student wing for encouraging students in this field. Students are given opportunity to talk about various ethical dilemmas faced in the medical field as well as help them in field of research by sensitizing them at an early stage.

Manipal Conventus (Student Research Forum) - Which encourages the students to involve in various kinds of research.

Mist - Which is organized by the Sports committee of student council.

Verve and Vibes - Which is organized by the Cultural and Literary committee of student council

Volunteer Services Organization (VSO)

Volunteer Services Organization, Manipal University initiated on September 17, 2007 gives an opportunity to students, staff and their spouses of Manipal to live their lives with purpose by helping those in need. It is a platform that not only helps the needy, but also provides each volunteer with an opportunity to gain new skills, work in a team and, most importantly, to become a better person. With volunteers strength of more than 1800 (including students, faculty and their spouse) from various constituent colleges of Manipal and Mangalore, VSO undertake projects which cover community, social, organizational and soft skills avenues.

Objectives

- To respond to community needs
- To address the issues of society
- To develop the leadership potential of the students
- To enhance student learning

Most of the activities are organized on Sundays and Holidays. In an endeavor to recognize the services offered by the students, a certificate of merit is issued by the University on completion of a minimum of 28 hours. For registration and more information visit vso.manipal.edu/ and join us on facebook at vso-manipal
Physical Education Department

Mr. H Sridhar,
Director of Physical Education
Tel. No. 0820 - 2922155

The Department of Physical Education is headed by the Director whose office is located at Qtrs. No. 131 on the campus and is open from 9:00 am to 1:00 pm, and 2:00 pm to 7:00 pm on all working days. Outdoor Sports and games facilities like Basketball, Volley-ball, Tennis and Throw-ball are available near Sharada Hostel. Cricket, Football, Hockey facilities are available at End point and indoor games like Badminton, Table-tennis, Carom and Chess are available for the students at MARENA Indoor Sports Complex. The Recreation club is open from 5:30 am to 7:30 am and 3:30 pm to 7:00 pm on all days except Sundays and Holidays. Manipal University conducts various Inter-collegiate tournaments, Inter Medics tournament and Inter class tournaments. Students are encouraged to take part in extracurricular activities.

Other facilities in the campus include gym, swimming pools, football and cricket grounds. An indoor Sports Complex, the only one of its kind, perhaps in Asia, will be ready for use by the end of the year. The complex has five badminton courts, four squash courts, three tennis courts, a basketball court, gymnasiums and a walking track.
NICE TO KNOW

Nice to follow outside class:
- Behave like you are in a medical school
- Common illnesses are because of food poisoning, so be careful of what you eat
- Carry an umbrella, it might rain anytime. The other time its sunny, again reinforcing the umbrellas use
- Do not convert the cost to dollars for things here

Oh its so Hot….Oh its Raining ….. Climate
- Weather is hot and humid. It rains for almost four or five months. Thus carrying an umbrella is imperative (better buy a large and strong one).

You wanna buy something…?
- Text books, Apron & Stationeries: Higginbothams Publication next to KMC Greens, Manipal Book Stores and various other bookstores in town
- Dissection kits, Name tag: Bombay Surgicals at Tiger Circle
- For most of the stuff you want to buy it will be available in and around Tiger Circle, be it food items to air tickets, medicines to electronic goods.

Tring Tring ....
- 0820/+91820 is area code for Udupi (eg: +91820)
- 29 is Manipal University extension
- With hostel extensions of different hostels you can call the individual rooms through intercoms (eg: +91-820-29-31-###), where
  - 31 is the extension for Indira Hostel and ### is the room number for girls
  - 48 is the extension for Amartya Sen Hostel for boys
- Might be required phone numbers: * Travel agency: Hotel Fortune Inn Valley View, Manipal 2571499/599, 2570285
- Railway station, Indrali, Udupi 0820-2531810
- Police Station, Manipal 0820-2570328
- Office of Superintendent of Police 0820-2534777, 2526444
- Hotel Fortune Inn Valley View, Manipal - 0820-2571101

You have got mail!
- Post office or DHL (Standard US post, FedEx or DHL will get here)
- Big carriers for shipments are available in plenty Auto!!! Local Transport
- Autorickshaw are available aplenty and fares range between Rs. 25 to 80
- Buses to Udipi leaves every 5 minutes and to Mangalore every 15 minutes

National and International Transport
- Train: Konkan railway: Indrali (Udupi)
- Southern Railway: Mangalore junction
- Airport: Bajpe Airport (Mangalore) 60 km from Manipal

Relaxation time. Places to visit
- End point scenic beauty
- Anatomy & Pathology Museum
- Smriti bhavan
- Malpe (30 mins), Kaup beach (45 mins), Turtle Bay, St. Mary island
- Go Goa!! (5 hours by train)
- Murudeshwara temple, Om beach (Gokarna)

Fuel up….. Petrol bunks
- At Tiger Cirle
- At Indrali (on the way to Udupi)
- At Ishwar Nagar (on the way to Karkala)

Its all about money honey… Money Exchange
- Four wings International travels
- ICICI Bank (Kasturba Hospital Complex)
- UAE Complex (Manipal Stores building, TC)
- Western Union (across from Syndicate bank)

Random stuff
- Gifts: Smiles (Archies gallery), Gift house (has a florist attached too), Hallmark (opposite to shirdi sai baba cancer hospital)
- Cooking gas agency: Manipal Gas Center, Unnata Residency( Syndicate Circle)
- Events: Utsav, Flava, HOPE are few of the numerous events that keep life in Manipal happening and promotes the co-curricular front of a student
- Gym: for the fitness freaks there are many gyms right from one in each hostel to Fortune Inn Valley View
- Food! Try the Foodzoned app for most of the restaurants in Manipal, Udupi and even Mangalore!

Oh we almost forgot.
- Act responsibly
- If you do not know ask. Your peer/faculty mentors are here to help you
- This place gets very small very quickly
- Drive safe some roads are in poor shape
- If you stay outside the campus make sure you don’t fall short of attendance
- STUDY that’s what you are primarily here for